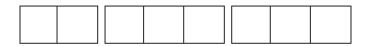




# Western Australian Certificate of Education Examination, 2015



# PHYSICAL EDUCATION STUDIES

# Practical (performance) examination Equestrian – Eventing

# Time allowed

Warm-up: 30 minutes Skills and Drills: up to four hours

# **Materials required**

To be provided at the venue

Non-personal equipment required for Equestrian – Eventing

To be provided by the candidate

Riding helmet, riding boots, safety vest, horse

#### Structure of the examination

The WACE Physical Education Studies examination consists of a written component worth 70 per cent of the total examination score and a practical (performance) component worth 30 per cent of the total examination score.

# Structure of this practical (performance) examination

| Sections and criteria                                                                                                         | Marks available | Percentage of total exam |
|-------------------------------------------------------------------------------------------------------------------------------|-----------------|--------------------------|
| Individual skills  • Dressage skills x 3  • Jumping skills x 3  • Cross country x 3                                           | 30<br>30<br>30  | 15                       |
| Conditioned performance  • Dressage (N2·1 Test)  • Jumping skill (skills and penalties)  • Cross country (time and penalties) | 20<br>20<br>20  | 15                       |
|                                                                                                                               | Total           | 30                       |

# Instructions to candidates

- 1. You are required to wear clothing and personal playing and safety equipment that is approved for competition by the sport's governing body.
- 2. Clothing must not identify you, your school, club or achievements, and it is requested that you wear black, navy or white shirts for the examination.
  - (i) Either Polo type short or long sleeved with collar and buttons/zip (sleeveless not permitted).
  - (ii) Shirt with tie (optional); riding jacket (optional).
- 3. You are required to report to a supervisor to register for the practical examination at least 40 minutes before your scheduled examination time. Allow sufficient time to warm up.
- 4. Once your attendance has been recorded you will be given a coloured, numbered bib to wear for the examination and directed to a supervised warm up area.
- 5. Just prior to the scheduled examination time you will be escorted from the warm up area to the examination area.

# **SECTION ONE – Skills Performance**

# **Dressage**

| Skill 2                                                    | Skill 9                                                                                                     | Skill 11                                              |
|------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------|-------------------------------------------------------|
| Circles 15 m diameter in working trot (sitting) and canter | Show some moderately lengthened strides in trot (sitting or rising) including transitions on straight lines | ½ Turns on the forehand from halt and proceed in walk |

# Jumping

| Skill 16                          | Skill 17                          | Skill 18                    |
|-----------------------------------|-----------------------------------|-----------------------------|
| 2 and 3 point forward seat over a |                                   | Combination of fences 1 non |
| grid of minimum 3 jumping efforts | (upright/vertical or spread) with | jumping stride with canter  |
| at trot approach                  | canter approach                   | approach                    |

# **Cross country**

| Skill 25                                 | Skill 26                                                                               | Skill 29                                                                               |
|------------------------------------------|----------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------|
| Single fence uphill with canter approach | Single fence downhill with canter approach (Alternate skill 27/28 – weather dependent) | Related fences with canter approach up to 10 strides apart on straight or curved lines |

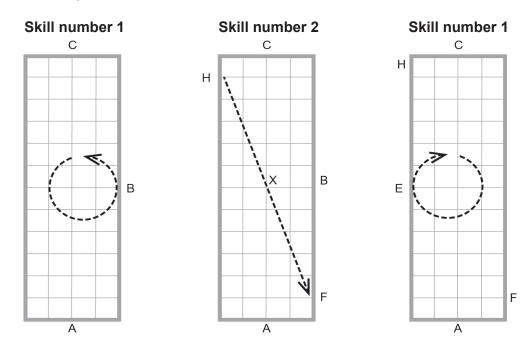
# Alternate skill – weather dependent \*

| Skill 25                                 | Skill 27                                                             | Skill 28                                                              |
|------------------------------------------|----------------------------------------------------------------------|-----------------------------------------------------------------------|
| Single fence uphill with canter approach | Combination of fences with 1 non jumping stride with canter approach | Combination of fences with 2 non jumping strides with canter approach |

# Skill section dressage:

# Drill #1 (for skills 1 and 2) All trot work sitting or rising unless stated:

Circles 15 m diameter in working trot & canter; moderately lengthened strides in trot including transitions on straight lines



**Key:** -----> = direction of travel = 60 m x 20 m dressage area

#### **Drill description (skills 1 and 2)**

Commence on left rein

1. A Enter at medium walk, track right onto left rein

2. P Working trot

3. B Circle left 15 m diameter in working trot (sitting) (SKILL 1)

4. B Go large

5. HXF Show some moderately lengthened strides in trot including transitions on straight lines (SKILL 2)

6. F Working trot

7. Between A and K Working canter

8. E Circle right 15 m diameter in working canter (SKILL 1)

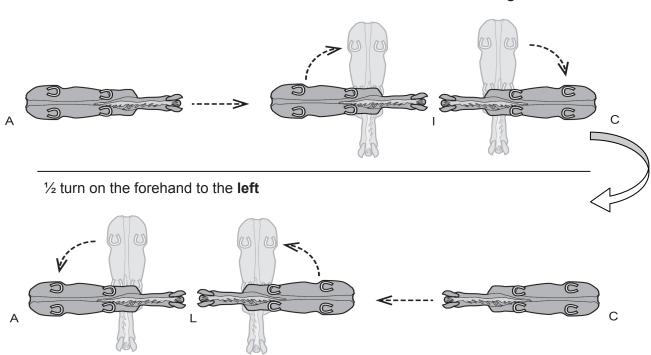
9. Between E and H working trot

# Skill section dressage: Drill #2 (for skill 3):

Half turns on the forehand from halt and proceed in walk.

#### Skill number 3

### ½ turn on the forehand to the **right**



**Key:** -----> = direction of travel

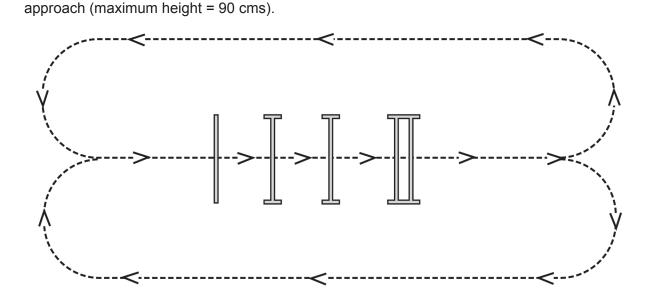
= horse

# Drill description (skill 3) - follows immediately on from previous drill for Skills 1 and 2

- 1. P Medium walk
- 2. A Turn down the centre line
- 3. I Halt; ½ Turn on the forehand to the RIGHT then proceed in medium walk
- 4. L Halt; ½ Turn on the forehand to the LEFT then proceed in medium walk
- 5. After X Turn right or left
- 6. A Leave arena in free walk

Jumping grid 2 and 3 point forward seat over a grid with minimum 3 jumping efforts with trot

6

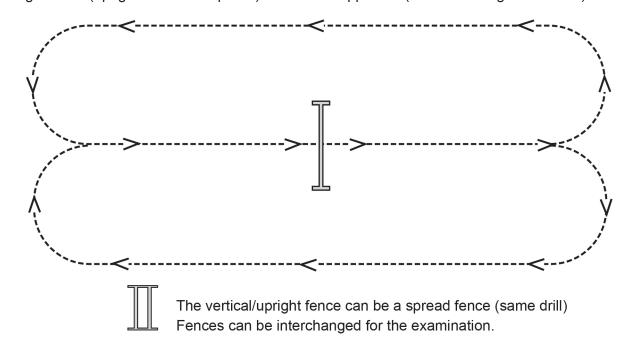


# **Drill description (skill 3)**

- 1. Warm up in trot and/or canter left and/or right rein
- 2. Left rein trot approach to the grid, jump the grid, ride straight ahead, change canter lead if required and turn onto the right rein
- 3. Right rein trot approach to grid, jump the grid, ride straight ahead, change canter lead if required and turn onto the left rein
- 4. Transition to trot then walk

# Skill section jumping: Drill #2 (for skill 1):

Single fence (upright/vertical or spread) with canter approach (maximum height = 90 cms)

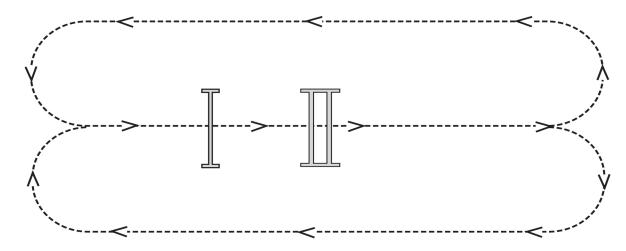


# **Drill description (skill 1)**

- 1. Warm up in trot and/or canter left and/or right rein
- 2. Right rein canter over single fence, ride straight ahead, change the canter lead if required and turn onto the left rein
- 3. Left rein canter over single fence, ride straight ahead, change the canter lead if required and turn onto the right rein
- 4. Transition to trot then walk

# Skill section jumping: Drill #3 (for skill 2):

Combination of fences one non jumping stride with canter approach (maximum height = 90 cms).



Fences are one non-jumping stride apart.
Fences may be interchanged for the examination.
eg. spread followed by vertical

# **Drill description (skill 2)**

- 1. Warm up in trot and/or canter left and/or right rein
- 2. Right rein canter over the combination of fences, ride straight ahead, change the canter lead if required and turn onto the left rein
- 3. Left rein canter over the combination of fences, ride straight ahead, change the canter lead if required and turn onto the right rein
- 4. Transition to trot then walk

# Skill section cross country: Drill #1 (for skills 1 and 2):

Single fences uphill and downhill with canter approach (maximum height = 80 cms).



**Key:** ----> = direction of travel

= cross country fence (vertical or spread)

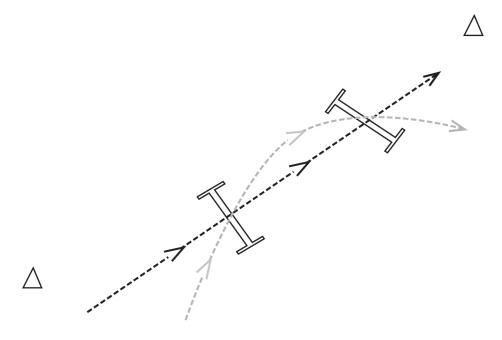
 $\triangle$  = cone markers for start and finish of drill

# Drill description (skills 1 and 2)

- 1. Working trot and transition to cross country canter in light balanced seat or 2 point position
- 2. Establish line of travel toward uphill fence
- 3. Maintain horse's balance and rhythm on the approach
- 4. Jump the uphill fence in balance
- 5. Land and depart in canter and continue travelling over the hill
- 6. Prepare the horse for downhill fence in canter, maintaining the activity, balance and rhythm with slightly more upright position
- 7. Approach and jump the downhill fence in canter
- 8. Land and depart from the downhill fence in canter, taking up a light seat or 2 point position
- 9. Transition the horse to trot and into walk

Skill section cross country: Drill #2 (for skill 3):

Related fences with canter approach up to 10 strides apart on straight or curved lines. (maximum height = 80 cms).



Key: ----->

direction of traveldirection of travel

= cross country fence (vertical or spread)

80 cm cross country jump

 $\triangle$ 

= cone markers for start and finish of drill

#### **Drill description**

- 1. Working trot and transition to cross country canter in light balanced seat or 2 point position
- 2. Establishes a line of travel and approaches first related fence in canter
- 3. On landing canters between the two fences and rides a specific number of predetermined strides
- 4. Jump the second related fence also in canter
- 5. Land and depart related fences in canter
- 6. Transitions the horse through trot and into the walk

# **SECTION TWO – Conditioned Performance (20 marks for each phase)**

#### **DRESSAGE PHASE**

**SCENARIO:** Ride the EA dressage test novice 2:1 as published by Equestrian Australia.

#### **JUMPING PHASE**

**SCENARIO:** Complete a Jumping course of at least 8–10 fences including 1 combination. Maximum height of jumps 90 cm, at optimum speed of 350 m per min.

#### **CROSS COUNTRY PHASE**

**SCENARIO:** A shortened cross country course with minimum 8 fences. Maximum height of fences 80 cm at optimum speed of 450 m per min.

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